



Hints & Tips: Companion Planting

Companion planting is the method of promoting healthy plants by growing together plants that are mutually beneficial. There are various ways plants can benefit each other:

- Some plants can attract pests away from the 'desired' plants or may repel (or confuse) pests by the aromatic compounds they release - from their leaves, roots or flowers.
- Other plants encourage natural predators.
- A plant with strong deep roots may break up heavy soil and make nutrients available to other plants.
- Some herbaceous plants (e.g. Borage) attract bees, which help to pollinate other plants.
- Tall varieties can provide shade to lower growing varieties.

However some plants do not make good companions and can make the other perform very poorly (or even die).

Some Good Companions

ASPARAGUS	Tomatoes, Parsley
BASIL	Tomatoes, Asparagus, Parsley
BEANS	Cauliflower, Cucumbers, Lettuce, Peas, Parsley, Silver beet
BEETROOT	Cabbage, Silver beet, Lettuce, Chives
CABBAGES	Beans, Chamomile, Dill, Mint, Thyme, Sage, Rosemary, Onions
CARROTS	Peas, Sage, Chives, Onions, Leeks, Lettuce
CAULIFLOWERS	Beans, Celery, Tansy, Nasturtiums
CELERY	Cabbage, Cauliflower, Tomatoes, Dill, Leeks
CHAMOMILE	Mint, Onions, Cabbages
CHERVIL	Coriander, Dill, Radish
CHIVES	Parsley, Apples, Tomatoes, Beetroot
CORIANDER	Dill, Chervil, Carrots, Cabbages
CUCUMBER	Beans, Celery, Nasturtiums, Sweet Corn
DILL	Carrots, Tomatoes, Cabbages, Fennel, Coriander, Sweet Corn
FENNEL	Dill
GARLIC	Roses, Apples, Peaches
HORSERADISH	Fruit Trees, Potatoes
LAVENDER	Potatoes, Tomatoes
LEEKS	Carrots, Celery
LETTUCE	Beetroot, Cabbages, Carrots, Onions, Marigolds, Strawberries
MARIGOLDS	Tomatoes, Beans
NASTURTIUMS	Apples, Cucumbers, Brassicas, Radishes, Zucchini
OREGANO	Cabbages

PARSLEY	Tomatoes, Chives, Asparagus, Basil
PEAS	Carrots, Potatoes, Radishes, Parsley
POTATOES	Peas, Beans, Cabbage, Sweet Corn, Horseradish, Marigolds
PUMPKINS	Sweet Corn
SAGE	Carrots, Cabbage, Strawberries
SILVERBEET	Beetroot, Onion, Welsh Onion
STRAWBERRIES	Borage
SWEET CORN	Broad Beans
TANSY	Cabbage, Roses, Raspberries, Grapes
THYME	Cabbage, Broccoli, Dill
TOMATOES	Asparagus, Basil, Marigolds
ZUCCHINI	Nasturtiums

Some Bad Companions

BEANS	Garlic, Onions, Fennel
BROCCOLI	Strawberries
CABBAGES	Garlic, Tomatoes, Rue, Strawberries
CAULIFLOWER	Strawberries
FENNEL	Beans, Tomatoes, Coriander, Wormwood
GARLIC	Peas, Beans, Cabbage, Strawberries
MINT	Parsley
PEAS	Onions, Shallots, Garlic
POTATOES	Cucumbers, Pumpkins, Tomatoes, Rosemary
PUMPKIN	Potatoes
ROSEMARY	Potatoes
STRAWBERRIES	Garlic, Tomatoes, Cabbages, Cauliflower
TOMATOES	Fennel, Dill, Strawberries, Potatoes, Rosemary

Some Insect Repelling Plants

ANTS	Pennyroyal, Tansy, Mint, Garlic
APHIDS;	Basil, Garlic, Onions, Wormwood, Spearmint, Nasturtiums, Cabbage
WHITE BUTTERFLY	Dill, Mint, Sage, Rosemary, Thyme, Chamomile, Hyssop, Oregano, Celery
FLIES	Tansy, Rue, Wormwood, Pyrethrum, Basil, Eau-de-Cologne Mint
MICE	Wormwood, Spearmint
MOTHS	Lavender, Sage, Wormwood, Pennyroyal, Pyrethrum, Santolina
SLUGS	Wormwood
SNAILS	Garlic
THRIPS	Pyrethrum
WHITE FLY	Nasturtiums, Basil

(Sourced from Lisa Passmore, *Inspired by Nature*, <http://www.inspiredbynature.biz/about.php>, 16 March 2010)